THE PRESIDENT'S CHALLENGE PHYSICAL FITNESS SCORECARD

Parent's Score Card

Name (Practice & Test Day Scores)	Age on 9/1																PRES	NAT	PRAT
One Mile Run																			
Shuttle Run																			
Flex Arms (Only National Level)																			
Pull Ups																			
Push Ups																			
Curl Ups																			
Partial Curl Ups																			
V-Sit																			
Sit and Reach																			
Name (Practice At Home Scores)	Age on 9/1																		
One Mile Run																			
Shuttle Run																			
Flex Arms (Only National Level)																			
Pull Ups																			
Push Ups																			
Curl Ups																			
Partial Curl Ups																			
V-Sit																			
Sit and Reach																			